

Elementary School Bullying Prevention & Intervention Resources

Book List

Fiction

A Bad Case of the Stripes by David Shannon

Camilla Cream is worried about what to wear on the first day of school. She tries on 42 outfits which results in a bad case of stripes.

A Very Sticky Situation by Noel Gyro-Potter

This story helps children learn positive ways to handle bullying.

Ada Potato by Judith Caseley

Older children make fun of Ada because she plays the violin.

Alley-oops by Janice Levy

This story tells the reader about bullying from the complicated perspective of the bully.

Amelia's Bully Survival Guide by Marissa Moss

Amelia will not let the class bully get the best of her, but she is feeling defenseless. She attends camp, which helps her find her voice.

Angel Child, Dragon Child by Michele Maria Surat

A Vietnamese child adjusts to life in the USA. She has trouble with children at school because she is different.

Baseball Saved Us by Ken Mochizuki

A Japanese-American boy is teased.

Blue Cheese Breath and Stinky Feet: How to Deal with Bullies by Catherine DePino

Steve is picked on by a bully and is afraid things will get worse if he tells or asks for help. His parents come up with a plan to help their son.

Bootsie Barker Bites by Barbara Bottner

This story is about a child who bites and how her friends help her play in a better way.

Bully by Judith Caseley

Mickey has trouble with a bully at school until he learns to befriend him.

Bully B.E.A.N.S. by Julia Cook

A fun story that teaches children how to be proactive about bullying. Helps the reader understand why bullying happens and how they can stop it.

Bully Trouble, by Joanna Cole

Arlo and Robby devise a plan for dealing with a neighborhood bully.

Bully-Be-Gone with Annie, by Michelle Fattig

A young girl describes her feelings and reactions when dealing with bullies.

Charlie and the Chocolate Factory by Roald Dahl

Only five children will be allowed inside Willy Wonka's famous chocolate factory when it finally opens! Charlie is lucky enough to be one of the five, and he is in for a wild ride.

Chester Raccoon and the Big Bad Bully by Audrey Penn

Chester tells his mom about the school bully, and she asks him to gather his friends to listen to a story about getting along with difficult people.

Chrysanthemum by Kevin Henkes

Chrysanthemum loves her name until her classmates make fun of her.

Crow Boy by Taro Yashimi

Chibi is teased when he comes to school and is helped by a new teacher.

Don't be a Bully, Billy: A Cautionary Tale by Phil Roxbee Cox

What happens when children ignore warnings to behave, explores consequences of actions.

Don't Laugh at Me by Steve Seskin & Allen Shamblin

This picture book helps kids think twice about teasing and name-calling.

Emma-Jean Lazarus Fell Out of a Tree by Lauren Tarshis

Emma-Jean is not like other girls, and does not seem to have many friends. However, she is comfortable being herself, which Colleen is not. Emma-Jean finds Colleen crying in the bathroom, she decides to help Colleen however she can.

Encounter by Jane Yolen

This story tells about Columbus' encounter with Native Americans from both points of view.

Enemy Pie by Derek Munson

A fun story of how a little boy, with the help of his dad, learns a delicious lesson for turning his number one enemy into a good friend.

Friends From the Other Side by Gloria Anzaldua

This book is written in both Spanish and English and it explains the social adjustments of a young Mexican girl.

George and Martha: One Fine Day by James Marshall

A book about friendship.

George and Martha: Tons of Fun by James Marshall

Two Hippo best friends relate moral messages.

Hooway for Wodney Wat by Helen Lester

Classmates make fun of Rodney Rat until he helps stop the class bully.

How to Handle Bullies, Teasers and Other Meanies: A Book that Takes the Nuisance Out of Name Calling and Other Nonsense by Kate Cohen-Posey

Contains 12 ways to "melt meanness" using examples and practice exercises.

Indigo's Star by Hilary McKay

Indigo has been in the hospital because of mononucleosis. He comes back to school and is picked on. His sister is a bystander and eventually becomes a victim as well.

Jamaica and Brianna by Juanita Havill

Jamaica is envious of Brianna's pink boots and this affects their friendship.

Jake Drake, Bully Buster by Andrew Clements

Jake learns how to relate to a school bully who he is partnered up with for a class project.

JoJo's Flying Side Kick by Brian Pinkney

JoJo is about to test for her yellow belt, but is nervous. Her family gives her advice, which she puts together in her own way to earn her belt and overcome another fear.

Joshua T. Bates Takes Charge by Susan Shreve

Joshua, who is 11 and worried about fitting into school, feels awkward when the new student he is supposed to be helping becomes a target of bullying.

King of the Playground by Phyllis Reynolds Naylor

Kevin is afraid of the bully, Sammy. With the help of his dad, Kevin overcomes his fear.

Lessons from a Rubber Duck by Melissa Saunders

A story about teasing and bullying. Teaches children how to stand up for themselves and build their confidence.

Lucy and the Bully by Claire Alexander

This book helps readers understand the feelings that a victim of bullying might have. The story also encourages students to confide in a trusted adult when faced with bullying issues.

Mama, Do You Love Me? By Barbara Joose

Will the character's parents love them no matter what?

Mama, When Will I be Popular? by Thomasina F. Johnson

Mom and daughter talk about not fitting in.

Matilda by Roald Dahl

Matilda is sweet, but her parents think she is a nuisance. She is excited to go to school but must face Miss Trunchbull, the kid-hating headmistress. Miss Trunchbull attacks Matilda, which leads her to discover a special power, and she decides to fight back.

Misconduct by Beverly Scudamore

Bullying from the point of view of an unlikely target.

Molly's Pilgrim by Barbara Cohen

When Molly moves to a new country, she has a different view of things, including the meaning of the word Pilgrim.

My Name is Bilal by Asma Mobin-Uddin and Barbara Kiwak

Bilal and his sister transfer to a new school where they are the only Muslims. They must learn how to fit in and remain true to their beliefs and heritage.

My Secret Bully by Trudy Ludwig

Monica is emotionally bullied by her friend and learns how to cope and thrive with the help of her mother. The book also includes helpful tips, discussion questions, and additional resources for parents, teachers, and schools.

Nobody Knew What to Do: A Story about Bullying by Becky Ray McCain

This story delivers the important message that bystanders can make a difference.

Old Henry by Joan W. Blot

This book teaches readers to not judge people based on how they live, dress, or look.

One by Kathryn Otoshi

This book is for early elementary students that tells a story about how sticking up for others who are treated unwell will make a positive difference.

Pinky and Rex and the Bully by James Howe

Pinky's favorite color is pink and his best friend, Rex, is a girl. A bully makes fun of Pinky, and Pinky must decide how to handle the situation.

Say Something by Peggy Moss

A girl witnesses others being mean to her peer and learns the important lesson that being a silent bystander is not the solution.

Secret Identity #1 in a Series by Wendelin Van Draanen

Nolan is tired of being called names by the class bully, so he comes up with a secret identity- Shredderman!

Shrinking Violet by Cari Best

Violet is funny only when alone or with her best friend, Opal. When at school, Violet is shy. However, she must stand up to the class bully to save the class play.

Simon's Hook: A Story about Teases and Put-Downs by Karen Gedig Burnett

When Simon gets teased, Grandma Rose teaches him how to refuse to "take the hook."

Snail Started It! By Katja Reider

Snail insults Pig, which sets off a domino effect among the community.

Stand Tall, Molly Lou Melon by Patty Lovell

When the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself.

Stick Up For Yourself!: Every Kid's Guide to Personal Power and Positive Self-Esteem by Gershen Kaufman, Lev Raphael, & Pamela Espeland

This self-help book for kids includes a section on "How to deal with bullies" by providing information about interventions.

Stop Bullying Bobby! by Dana Smith-Mansell

Bobby dresses differently and is small for his age. Robin sees him being bullied but does not know how to help, so she asks her parents.

Stop Picking on Me: A First Look at Bullying by Pat Thomas

This book approaches the issue of bullying and feelings in a simple and interactive fashion.

Subway Sparrow by Leyla Torres

An English speaking girl, Spanish speaking man, and Polish speaking woman must work together to help a sparrow trapped in the subway.

Swimmy by Leo Lionni

Shows how children can be themselves and be caring at the same time.

Talent Show Scaredy-Pants #5 in a Series by Abby Klein

Freddy is nervous about the 1st grade talent show, and Max has been bullying him. But Freddy's dad has an idea that could make Freddy a star and Max to stop his bullying.

The Adventures of Connie and Diego by Maria Garcia

Twins feel different because their skin is made up of many colors, unlike their family and friends. They run away and have an experience which helps them realize who they are.

The Ant Bully by John Nickle

Lucas learns about bullying when he is pulled into an ant hole that he has been tormenting.

The Berenstain Bears and the Bully by Stan & Jan Berenstain

Sister Bear is beaten up by Tuffy, so Brother Bear goes to set the bully straight. However, he is in for a surprise- Tuffy is a girl.

The Berenstain Bears and Too Much Teasing by Stan and Jan Berenstain

Brother Bear teases a lot but he learns the hard way that teasing can be hurtful. He decides to be a positive bystander by sticking up for the new kid in school.

The Big Orange Splot by Daniel Manus-Pinkwater

A seagull with a can of bright orange paint drops over Mr. Plumbean's house, which results in a splot. This upsets his neighbors who all live in identical brown houses. They ask him to paint his house.

The Brand New Kid by Katie Couric

A new boy is teased at school until the children get to know him.

The Bully by Thomasina F. Johnson

Tao is nervous about his first day of school and the rumors he hears about the school bully.

The Bully from the Black Lagoon by Mike Thaler

Rumors spread that the new kid in class is mean to people. Hubie bumps into the new kid and apologizes. He finds that the new kid is very nice.

The Field of Dogs by Katherine Paterson

Josh is bullied by a neighbor boy and discovers that his dog, who he hears talking with other dogs, is also being bullied.

The Girl with 500 Middle Names by Margaret Peterson-Haddix

Janie is poor and does not fit in. She must make a decision between helping her family and fitting in.

The Hundred Dresses by Eleanor Estes

A girl is teased about her tattered clothes.

The Other Way to Listen by Byrd Baylor and Peter Parnall

This book encourages readers to be open-minded and patient for the beautiful and natural offerings of the world.

The Pain and the Great One by Judy Blume

This book shows that stories have two sides and how a child perceives unfairness.

The Recess Queen by Alexis O'Neill & Laura Hulisha-Beith

Jean bullies on the playground until a new girl arrives at school.

The Secret Daydream: A Guide to your Child's Future by Charisse J. Rudolph

Teaches children how to make their dreams a reality from the point of view of a moth.

Three Rotten Eggs by Gregory Maguire

A story set in rural Vermont, with a new student, an egg hunt, and genetically altered chicks.

Timothy Goes to School by Rosemary Wells

Timothy and Violet cope with challenges at school.

Tyrone the Horrible by Hans Wilhelm

Boland, a little dinosaur, is bullied by a big dinosaur, Tyrone.

Umar and the Bully by Shabana Mir

A boy at school is bullied and eventually confides in a friend. Together, they confront the bully and tell a teacher.

Willy the Champ by Anthony Browne

Even though Willy is not good at sports or fighting, he finds a way to overcome the local bully.

Wings by Christopher Myers

Icarus is bullied because he is different- he has wings. His resilient spirit inspires a friend to speak up for him.

Non-Fiction

Bullies are a Pain in the Brain by Trevor Romain

A simple handbook for children about bullies and the myths surrounding bullying issues and interventions. Includes resources for students, teachers, and parents.

Cliques, Phonies, & Other Baloney by Trevor Romain

Discusses what cliques are and their negative aspects and gives advice on forming healthier relationships and friendships.

How to Lose All Your Friends by Nancy Carlson

The author uses humor to convey what it takes to be a good friend and make friends.

Thank You, Mr. Falker by Patricia Polacco

Polacco describes how she was teased as a child because of her reading disability.