RAUL A. PALACIOS II

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EDUCATION

Ph.D. School Psychology - Doctoral Candidate

Anticipated Craduation

University of Nebraska – Lincoln

Graduation

APA-accredited and NASP-approved program in School

August, 2022

Psychology. Dissertation: El Valiente: Bullying Experiences Across

Machismo and Caballerismo Chicano Male Youth

Advisor: Susan M. Swearer, PhD, LP

Ed.S. School Psychology

June 2015

Seattle University

NASP-approved program in School Psychology.

Advisor: Samuel Y. Song, PhD

B.A. Liberal Arts Fall 2007

University of Texas- El Paso Major: Creative Writing Minor: Chemistry

wintor. Cricinistry

PUBLICATIONS

Journal Articles - In Press/Published

- Myers, Z.R., Swearer, S.M., Martin, M.J., & **Palacios**, **R.A.** (2017). Cyberbullying and traditional bullying: The experiences of poly-victimization among diverse youth. *International Journal of Technoethics*, 8, 42-60. doi:10.4018/ijt.2017070104
- Swearer, S. M., Martin, M., Brackett, M., & **Palacios, R.A.** (2016). Bullying intervention in adolescence: The intersection of legislation, policies, and behavioral change. *Adolescent Research Review*, 2, 23–35. doi:10.1007/s40894-016-0037-9

Publications: Non-Refereed

- **Palacios**, **R.A.** (February 27, 2017). UNL campus ambassador shares the significance of positivity online: An open letter. *Hack Harassment*.
- **Palacios, R.A.** (Summer, 2015). Identity and social justice: My perspective (p. 18 19). *School Psychology: From Science to Practice to Policy*. http://apadivision16.org/wp-content/uploads/2017/02/Summer-2015-Issue-FSPP.compressed.pdf

GRANTS

- Co-Principal Investigator with Dr. Scott Napolitano (2018): Inclusive Excellence
 Development Grant University of Nebraska Lincoln- \$3,000 grant awarded to
 increase recruitment and retention of students from diverse backgrounds. This
 grant was also matched by UNL College of Education and Human Sciences and
 UNL Department of Educational Psychology. Grant Total plus Matched funding:
 \$9,000.00
- Principal Investigator (2016): Git Hub First Time Event Grant University of Nebraska Lincoln- #HackUNL 3-day Hackathon Event. Grant Total: \$1000.00
- Principal Investigator (2016): 2016 #HackHarassment Grant University of Nebraska Lincoln- #HackUNL 3-day Hackathon Event. Grant Total: \$2000.00
- Principal Investigator (2016): UNL Graduate Student Assembly Special Projects Grant Program (SPGP) – University of Nebraska – Lincoln - #HackUNL 3-day Hackathon Event. Grant Total: \$1000.00

REFEREED PRESENTATIONS

- Crinion, M. P., Swearer, S. M., **Palacios, R. A.**, Morris, T., & White, C. (2020, November 19–22). *Promoting hopeful thinking in victimized youth* [Poster presentation]. Association for Behavioral and Cognitive Therapies 54th Annual Convention, Virtual Convention, United States.
- Jones, C. M., Kesselring, S. A., Swearer, S. M., & **Palacios**, **R. A.** (2020, November 19–22). *Is* family support enough? Exploring the role of perceived support for LGBQ youth when coping with bullying victimization [Poster presentation]. Association for Behavioral and Cognitive Therapies 54th Annual Convention, Virtual Convention, United States.
- Palacios, R. A., Swearer, S. M., Solesbee, C., & Gutierrez, G. (2020, August 6–9). Bullying and mental health disparities among sexual minority youth. *In C. Wang (Chair), Bullying and mental health among racial and sexual minority students* [Symposium]. 2020 American Psychological Association Annual Convention, Virtual Convention, United States.
- Torres, C. A., Noetzel, A. G., Swearer, S. M., Palmer, J. & **Palacios**, **R. A.** (2020, August 6–9). *Empowering students to report bullying behavior* [Poster presentation]. 2020 American Psychological Association Annual Convention, Virtual Convention, United States.
- Gutierrez, G., **Palacios**, **R. A.**, Swearer, S. M., Noetzel, A., & Svoboda, S. (2020, August 6–9). *Not all internalizing symptoms are equal: Psychometric analyses in a Latinx sample* [Poster

- presentation]. 2020 American Psychological Association Annual Convention, Virtual Convention, United States.
- Swanson, L., Swearer, S. M., Kesselring, S., Jones, C., & **Palacios**, **R. A.** (2020, August 6–9).

 **Promoting positivity: The impact of optimism on depression [Poster presentation]. 2020

 **American Psychological Association Annual Convention, Virtual Convention, United States.
- Palacios, R.A., Swearer, S. M., Svoboda, S., Cominator, C., Swanson, L., & Crinion, M. (2019, August 8–11). *Supporting youth mental health through social involvement* [Poster presentation]. 2019 American Psychological Association Annual Convention, Chicago, IL, United States.
- Solesbee, C., **Palacios**, **R. A.**, Swearer, S. M., & Svoboda, S. (2018, February 13–18). *I wanna see you be brave: Investigating the relationship between bravery and coping in youth and young adults* [Poster presentation]. The 2018 SRA Biennial Meeting, Minneapolis, MN, United States.
- **Palacios, R. A.,** Swearer, S. M., Hanson, S., & Voight, K. (2018, February 13–18). *Deciphering youth experiences with cyberbullying victimization* [Poster presentation]. The Annual Convention of the National Association of School Psychologists, Chicago, IL, United States.
- Hanson, S., Damme, A. **Palacios, R. A.,** Swearer, S. M., & Hermiller, C. (2018, February 13–18). *Internalized homonegativity differences within sexual minority youth and young adults* [Poster presentation]. The Annual Convention of the National Association of School Psychologists, Chicago, IL, United States.
- Hanson, S., Swearer, S. M., **Palacios, R. A.**, Mosher, K., & Hermiller, C. (2018, February 13–18). *Outed by bravery?: Connecting LGBTQ youth bravery and outness* [Poster presentation]. The Annual Convention of the National Association of School Psychologists, Chicago, IL, United States.
- Palacios, R. A., Swearer, S. M., Harper, C., & Barker, T. (2018, February 13–18). Hacking harassment: Building kinder and braver online experiences for youth [Poster presentation]. The Annual Convention of the National Association of School Psychologists, Chicago, IL, United States.
- Nitzel, C. & Palacios, R.A., (2018, February). *Understanding prevalent issues for adolescents: Depression, anxiety, bullying, and trauma* [Conference session]. The Secondary Education Spring Colloquium, University of Nebraska, Lincoln, NE, United States.

- Swearer, S. M., **Palacios, R.A.,** & **Gutierrez, G.** (2017, December). *Responding to and preventing bullying on college campuses*. Presentation to the College of Engineering, University of Nebraska, Lincoln, NE, United States.
- Palacios, R. A., Swearer, S. M., Zweifel, M., Mosher, K.M., Garcia, A., & Smith, W. Z. (2017). Confirmatory factor analysis of the verbal and physical bullying scale [Poster presentation]. The Annual Convention of the American Psychological Association, Washington, D.C., United States.
- Martin, M., Swearer, S.M., **Palacios, R.**, & Gutierrez, G. (2017, November 16–19). *Coming out: Bravery as a protective factor for LGBQ youth* [Poster presentation]. The Association for Behavioral and Cognitive Therapies 51st Annual meeting, San Diego, CA, United States.
- Garcia, A. G., Martin, M., Swearer, S. M., Zweifel, M., Damme, A., & Palacios, R.A. (2017, August 3–6). Student support explains associations between victimization and student engagement for adolescents. In C. Wang (Chair), *Protective factors for bullying: Roles of schools and families* [Symposium]. 2017 American Psychological Association Annual Convention, Washington D.C., United States.
- **Palacios, R.A.**, Zweifel, M., Swearer, S. M., Myers, Z., & Smith, W. Z. (2017, April 27- May 1). *Questioning youth: Identifying youth who are unsure of their sexuality* [Paper presentation]. Annual Meeting of the American Educational Research Association, San Antonio, TX, United States.
- Asay, N. J., Swearer, S. M., **Palacios, R.A.**, Damme, A.M., & Zweifel, M. A. (2016, August 4–7). *Attitude adjustment: School climate as a predictor of bullying attitudes* [Poster presentation]. 2016 American Psychological Association Annual Convention, Denver, CO, United States.
- Song, S.Y., **Palacios**, **R.**, & Jones, J. (2015, February 17–20). *Peers promoting school success: Protection against bullying* [Conference session: Mini skills]. Annual Convention of the National Association of School Psychologists, Orlando, FL, United States.
- Palacios, R., Miller, H., Song, S.Y. (2015, February 17–20). Restorative justice: From theory to practice [Poster presentation]. 2015 Annual Conference Trainers of School Psychologists, Orlando, FL, United States.
- Song, S.Y. & **Palacios**, **R.** (2014, February 18–21). Moving from restorative practices to restorative justice. In A. Gregory and S. Song (Chairs), *Transforming school climate through restorative approaches to school discipline* [Symposium]. Annual Convention of the National Association of School Psychologists, Washington, District of Columbia.

- Song, S.Y., **Palacios**, **R.**, Jones, J. & Boyer, G. (2014, February 18–21). *Creating access for all peers: peers restoring justice against bullying* [Conference session: Mini skills]. Annual Convention of the National Association of School Psychologists, Washington, District of Columbia, United States.
- Song, S.Y., **Palacios, R.**, Jones, J., Kuvinka, A. (2014, October 16–18). *Restorative justice and bullying at tier* 2 [Conference session: Mini skills]. Oregon/Washington Bi-State School Psychologists Conference, Stevenson, WA, United States.
- **Palacios**, **R.**, & Miller, H. (2014, October 16–18). *Restorative justice and students of color: Keeping our students in the classroom through effective family-school partnering* [Poster presentation]. Oregon/Washington Bi-State School Psychologist Conference, Stevenson, WA, United States.
- Miller, H., & **Palacios**, **R.** (2014, October 16–18). What do we know about restorative justice in schools? [Poster presentation]. Oregon/Washington Bi-State School Psychologist Conference, Stevenson, WA, United States.

RESEARCH EXPERIENCE

Dissertation: El Valiente: Bullying Experiences Across Machismo and Caballerismo Chicano Male Youth 2019 - Current

University of Nebraska - Lincoln

Committee Members: Susan M. Swearer, Ph.D., LP, Scott Napolitano, PhD., LP., Matthew Gormley, Ph.D., Calvin Garbin, Ph.D., & Edmund 'Ted' Hamann, Ph.D. Description: The proposed dissertation study seeks to investigate

Description: The proposed dissertation study seeks to investigate the association between machismo, caballerismo, ethnic identity identification, and bullying status (i.e., bully perpetrator, victim, bully-victim, not involved) among Chicano male youth.

University of Nebraska – Lincoln Program Graduate Assistant

Spring 2018

Under the direction of Scott Napolitano, Ph.D., Program Director, University of Nebraska – Lincoln, Lincoln, NE

As program graduate assistant, I helped reapply for program accreditation through the National Association of School Psychologist. I also helped report program updates to local community practices (i.e., Behavioral Health Education Center of Nebraska) and prepared Excel and Word documents to monitor program accomplishments.

2015 - Current

Empowerment Initiative

Under the direction of Susan Swearer, Ph.D., Principal Investigator, University of Nebraska – Lincoln, Lincoln, NE

@SocialThatSupports Study- Project Director.

The @SocialThatSupports Study is a social media initiative and study committed to bringing awareness about mental wellness in the wake of the COVID-19 pandemic. Its primary mental wellness response effort is to utilize the enormous reach of prominent social media influencers and expertise of science-based mental health experts to provide the public with information to:

- 1) Encourage emotional and mental wellness,
- 2) Help de-stigmatize mental health conditions such as depression and anxiety, and
- 3) Link young people, especially traditionally marginalized communities, to existing helplines and other resources for support.

The Kindness and Bravery Study – Project Director.

An extensiion of the Born Brave Experiences Study, as project director, I help collect build the survey database via Qualtrics, collete data, analyze data, and conduct literature reviews on factors that foster and promote kindness and bravery in our society.

Born This Way Foundation Graduate Research Assistant/ Born Brave Experiences (BBE) – Project Director. As the graduate research assistant and project director, I help collect data from BBE surveys, analyze BBE data, conduct literature reviews on factors that foster and promote kindness and bravery in our society, facilitate relevant research information from Dr. Swearer (Chair of BTWF Research Advisory Board) to key foundation members and the research advisory board committee, organize and coordinate relevant BTWF events (e.g. UNL Big Red Welcome Event, #HackUNL; go.unl.edu/hackunl), and write research blogs for BTWF social media. https://bornthisway.foundation/

Target Bully Intervention Program (T-BIP) Specialist. As an intervention specialist, I conduct an individualized three-hour cognitive-behavioral intervention for students who have displayed a history of physical, verbal, relational, or cyber bullying behaviors. Once the intervention has been implemented, a follow-up meeting with the parents, student, school staff and the T-BIP specialist

occurs to provide specific and practical recommendations to reduce bullying behaviors.

Project H.E.A.R. (Helping Everyone Achieve Respect) Weekly New Editor (2015 – 2016). As the weekly news editor, I was responsible for coordinating with the professionals at Career Training Concepts, Inc. to gather and review weekly news articles from across the nation regarded to bullying. Articles which accurately reflect current bullying literature are then recommended to be hosted on the H.E.A.R. website. http://project-hear.us/news-you-can-use/

Project Director

Under the direction of Samuel Song, Ph.D., Principal Investigator, Seattle University, Seattle, WA

Protective Peer Ecology (PPEco). Coordinated school psychologists in the community-based implementation of an anti-bully program to promote healthy peer relationships and create a healthy school environment. Collaborated with web developers on PPEco computer program used for survey data entry and developed and maintained a website. Assisted with literature reviews and the development of state and national presentations on PPEco.

Impact: School Safety Conference. Collaborated with the Seattle Neighborhood Group, Seattle Police Department, and Seattle University to organize and host a student conference on anti-hazing and anti-bullying for local Seattle schools. Trained community volunteers on methods to support high school students through collaborative

Realistic Restorative Justice in Schools (RRJS). Coordinate other graduate research assistants in community-based evaluation study on Restorative Justice, as an alternative to punitive discipline in urban high school. Coordinated research literature reviews by the research team. Assisted with the development of state and national presentations on restorative justice project.

LICENSURE

Provisionally Licensed Mental Health Practitioner

Nebraska Department of Health and Human Services

License #: 11500 Expires: 05/31/2023 *Supervisor:* Scott Napolitano, Ph.D., L.P.

2013 - 2015

2018 - Current

CLINICAL EXPERIENCE

Student Extern/Therapist

Fall/Spring 2019 – 2020

Site: Monroe-Meyer Institute: Creighton Clinic

Omaha, Nebraska

At the MMI – Creighton Clinic, I worked as a student therapist to deliver evidence-based therapeutic treatments to children and adolescents ages 2 – 18 in English and in Spanish with supervision. Additional duties included creating a weekly agenda for upcoming therapeutic cases, writing intake notes and SOAP notes, conducting cognitive assessments, conducting assessments related to depression and anxiety, conducting assessments related to suicidal ideation and intention, and maintaining a mental health library with up-to-date evidence-based interventions.

Supervisor: Olivia Hernandez-Gonzalez, Ph.D., LMHP, PLP

Mental Health Counselor

Site: Lancaster Youth Services Center; Lincoln, NE

Youth Services Center provides temporary levels of detention for youth being processed through the justice system, or who have adjudicated and ordered by the court to serve a specific period of time. As a mental health counselor, I conducted youth intakes, suicide risk assessments, facilitated life skills group training for youth, and parent management calls. Additional duties included completing case notes, communicating, and updating staff on youth mental health status, and providing youth with coping strategies to adjust with living in detention.

Supervisor: Sarah Brownell, LIMHP, LMHP, CPC

Student Therapist

Site: Counseling and School Psychology Clinic at the University of Nebraska-Lincoln; Lincoln, NE

Provided behavioral and cognitive-behavior therapy to children and adolescents with ADHD, learning disabilities, emotion-regulation problems, academic problems, and related difficulties. Implemented empirically supported academic, behavioral, and social-behavioral interventions with children and families. Additional interventions conducted were psychoeducational assessments, and parent management training. Collaborated with

Fall/Spring 2019 – 2020

Fall/Spring 2018 - 2020

Fall/Spring 2017 – 2018

school personnel to implement individualized behavioral plans and activities for clients in schools. Additional duties included conducting biopsychosocial assessments, developing treatment plans, monitoring client progress towards treatment goals, completing session progress notes, writing case reports, maintaining client files, and engaging in consultation with clients' family members and teachers. Participated in live, video-taped, peer, individual, and group supervision.

Supervisor: Scott Napolitano, Ph.D., L.P.

School Psychologist Intern

2014 - 2015

Brier Elementary, Edmonds School District Meadowdale High School, Edmonds School District

Performed comprehensive school psychological services in a progressive district. Data collection, social skills educator for student support at three-tiered levels, collaborating with teachers and administration to advocate for student's needs, and student assessments.

Practicum School Psychology Student

2013-2014

Queen Anne Elementary School, Seattle Public Schools

Performed comprehensive school psychological services in a progressive district. Data collection, social skills educator for student support at three-tiered level, collaborating with teachers and administration to advocate for student's needs, and assessment.

Child Find Cognitive Assessor

2013 - 2014

Seattle Independent School District Child Find

Conducted cognitive screeners to children between the ages of 3 to 5 years to determine eligibility for a Child Find full evaluation.

SUPERVISION

Clinic-Based Practicum in School Psychology Supervisor

Fall/Spring 2018 - 2019

Site: Counseling and School Psychology Clinic at the University of Nebraska – Lincoln; Lincoln, NE.

Supervise third-year school psychology graduate students in their clinic-based practicum, at the Counseling and School Psychology Clinic at the University of Nebraska-Lincoln. On a weekly basis:

live supervision occurs by observing student-therapists perform therapy sessions with children, adolescents, and their families; group supervision occurs right after therapy sessions; individual supervision occurs with supervisee two days after their sessions. Supervision includes monitoring training objectives, providing feedback on progress, discussing relevant training issues, and evaluating students' clinical writing of weekly notes and psychological integrated reports. Therapy cases that are supervised include children and adolescents with ADHD, depression, learning disabilities, anxiety disorders, academic problems, or related difficulties.

Supervisor: Scott Napolitano, Ph.D., L.P

Target Bullying Intervention Program Supervisor

Site: Lincoln Public Schools – Lincoln; Lincoln, NE.

Supervise students who conducted the Target Bullying Intervention Program (T-BIP), a 3-hour psychoeducational intervention for children and adolescents who repeatedly engaged in bullying behaviors. Activities include monitoring training objectives, providing feedback on progress, and discussing relevant training issues.

Supervisor: Susan M. Swearer Ph.D., L.P.

RELATED WORK EXPERIENCE

Buros Center for Testing

University of Nebraska - Lincoln

Participate in fact-checking the reviews of numerous standardized psychological assessments (e.g., behavior assessment, achievement, intelligence, neuropsychological, development) provided by experts in the field on the content area of the commercially available tests. Gain competence and experience in understanding the strengths and limitations of psychological assessments, their uses for clients, their psychometric properties, and their development. The fact-checked assessments are included in the well-known reference series, The Mental Measurements Yearbooks, which is designed to assist professionals in selecting and using standardized tests. Additional duties include writing test descriptions, filming and editing educational videos about Buros publications (i.e., MMY, TIP, & PPE) and services (i.e., assessment Literacy resources), and being a librarian at the Buros Center for Testing Library. www.Buros.org

2017 - Current

May 2018 – Current

Supervisors: Kurt F. Geisinger, Ph.D. & Janet F. Carlson, Ph.D., & Nancy Anderson, M.A.

SUPERVISORY EXPERIENCE

Graduate Student Therapist Supervisor Counseling and School Psychology Clinic, University of Nebraska-Lincoln

Supervisor: Scott Napolitano, PhD, LP

Duties include providing individual and group supervision to third-year school psychology doctoral students in the University of Nebraska-Lincoln's Counseling and School Psychology Clinic. Responsibilities of supervisors include providing live supervision while masters-level students provide therapy to children and families, provide supervision to the student therapists in a group setting, and provide individual supervision to one student therapist. Additional duties include helping student therapists develop skills and knowledge of therapeutic modalities, formulate case conceptualization and hypotheses on clients' presenting problems, develop student therapists' theoretical orientation; and guide therapy session agendas and clinical note writing.

TEACHING EXPERIENCE

UNL EDPS 991 - Lifespan Development Graduate Teaching Assistant

University of Nebraska – Lincoln

Responsible for supporting instruction and academic support on developmental psychology under Dr. Meredith Martin. Maintained web course on Canvas, a digital instruction platform). Graded and provided feedback on assignments. Conducted course lectures, facilitated classroom discussion sessions and held weekly office hours.

Preschool Development Teacher 3 to 5 years

Hutch Kids, Seattle, WA.

Developed curriculum based on PBIS and Emergent Curriculum.

English Teacher 2008 - 2009

Hess International Organization, Taipei, Taiwan

2018 - Current

Summer 2019

2010 - 2013

Collaborated on curriculum with Taiwanese Co-Teacher with a focus on Positive Discipline and hands on Enrichment Curriculum. Instructor for Summer Theater Camp.

PROFESSIONAL & COMMUNITY SERVICE

The Real Psychobabble Podcast

2018- Current

KZUM Lincoln 89.3 FM; https://kzum.org/psychobabble/

Co-Producer and Co-host of a bi-weekly podcast aimed at disseminating translational research related to science, psychology, and culture. The show adopts a dissemination model of science communication for expert-public relationships and provides opportunities for academic researchers and clinicians to discuss their work to the general public. Notable show guests have come from the fields of Social Psychology, School Psychology, University Administration, and Sports/Community Organizing.

NASP Social Justice Interest Group

2017 - 2020

Co-Chair

Communications Coordinator

2017 - 2018

Student Affiliates of School Psychology

University of Nebraska – Lincoln

Hack Harassment Campus Ambassador

2017

University of Nebraska – Lincoln

Organized #HackUNL, a 24-hour hackathon focused on developing web application and projects which foster an inclusive online experience for all individuals. Also organized workshops aimed at educating UNL graduate and undergraduate students on cyberbullying and online harassment.

President

2016 - 2017

Diversity and Ethnic Minority Affairs Committee

University of Nebraska - Lincoln

President & Co-Founder

2015 - 2017

Empowerment Initiative Donut Club

University of Nebraska – Lincoln

Guest Speaker University of Nebraska – Omaha	2015
Lectured on current bullying research, definitions and descriptions of bully terms, and best practices for bullying intervention and prevention.	
Peer Supervisor – Counseling Seattle University	2015
Observed and gave feedback to students enrolled in Seattle University's School Psychology counseling.	
Social Chair Seattle University School Psychers (Social Chair)	2014
Article Reviewer Reviewed journal article for submission with Dr. Song for the Journal of Educational and Psychological Consultation.	2014
United Way of Snohomish	2014
Fundraised and collected backpacks for Project Homeless Connect to be distributed to local families in need.	
Invited Speaker Hutch Kids Child Care	2014
Lectured on best practices in family-school partnering, early intervention services when identifying children with potential disabilities, and inclusionary practices at the preschool level.	
LANGUAGES English and Spanish (Moderate)	
PROFESSIONAL AFFILIATIONS Student member, American Psychological Association – Division 53 Student member, American Psychological Association – Division 16 Student member, National Association of School Psychologist Student member, Association for Behavioral & Cognitive Therapies	
AWARDS 2019 – UNL Department of Educational Psychology: Royce Ronning Memorial Award 2018 – UNL School Psychology International Scholars Award 2018 – CEHS Graduate Student Study Abroad Award 2015 – APA Division 16 Diversity Scholarship, Incoming Student Award	

- 2015 College of Education Scholarship, Seattle University
- 2015 Professional Development Scholarship, Trainers of School Psychologists/Pearson
- 2015 Graduate Student Travel Award, Seattle University
- 2014 Graduate Student Travel Award, Seattle University
- 2012 Diversity Scholarship, Seattle University
- 2009 I Love Teaching Award, HESS, Taiwan

PROFESSIONAL REFERENCES

Susan M. Swearer, Ph.D., L.P.

Willa Cather Professor of Educational Psychology Academic Advisor sswearernapolitano1@unl.edu

Scott A. Napolitano, Ph.D., L.P.

School Psychology Program Director University of Nebraska-Lincoln snapolitano2@unl.edu

Olivia Hernandez - Gonzalez, Ph.D., NCSP

Behavioral Health Provider

<u>Angel Kids Pediatrics</u>

Clinical Supervisor at Monroe-Meyer Institute – Creighton Clinic ogonzalez@myangelkids.com