

# EMILEA REJMAN, M.A., PLMHP

Department of Educational Psychology  
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## EDUCATION

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**University of Nebraska-Lincoln, Lincoln, NE** August 2021-present  
**Doctor of Philosophy in Educational Psychology: School Psychology**  
Advisor: Susan M. Swearer, Ph.D., LP

**University of Nebraska-Lincoln, Lincoln, NE** August 2021-May 2023  
**Master of Arts in Educational Psychology**  
Advisor: Susan M. Swearer, Ph.D., LP

**Royal Holloway, University of London, Egham, UK** Sept. 2017-Sept.2018  
**Master of Science in Clinical Psychology**  
Honors: with Merit  
Thesis: "The role of mental imagery in temporal distancing efficacy for emotion regulation"  
Advisor: Catherine Sebastian, Ph.D.

**The State University of New York at Buffalo, Buffalo, NY** August 2013-May 2017  
**Bachelor of Science in Psychology**  
Honors: *magna cum laude*  
Minor in Counseling

## PROFESSIONAL CERTIFICATIONS

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**Provisionally Licensed Mental Health Practitioner** 2023  
Nebraska Department of Health and Human Services  
License # 13552

## HONORS AND AWARDS

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**Professional Development Award** 2021  
Awarded by the Society of Clinical Child and Adolescent Psychology (SCCAP)/APA Division 53 for funding toward a poster presentation for an upcoming conference.

**Burn Johnson Fellowship (School Psychology program)** 2021

**Dean's List** Spring 2014, Fall 2016 & Spring 2017

## CLINICAL EXPERIENCE

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### **Advanced Practicum Student, Student Therapist**

August 2024-present

Immaculate Heart of Mary Counseling Center (IHMCC)  
University of Nebraska-Lincoln

*Supervisors:* Courtney Miller, Ph.D.; Scott Napolitano, Ph.D., LP

- Provide individual psychotherapy for children and adolescents with behavioral and emotional concerns (e.g., anxiety, depression, school related concerns)
- Deliver evidence-based therapeutic interventions (e.g. CBT) and conduct assessments (e.g., BASC-3) to inform case conceptualization and treatment planning
- Administer feedback rating scales (e.g., SRS & ORS) to client to aid in implementation of client-driven feedback session-to-session
- Conduct cognitive assessments (e.g., WISC-V) through a local school partnership for suspected learning disabilities
- Additional duties include consulting with parents and teachers, report writing, treatment planning, attending didactics, as well as engaging in individual and peer group supervision

### **Student Therapist**

August 2023-July 2024

Counseling and School Psychology Clinic  
University of Nebraska-Lincoln

*Supervisors:* Heather Hruskoci, Ph.D., LP, Catie Carney, MA, PLMHP

- Provide weekly individual psychotherapy to youth for behavioral and emotional concerns (e.g., anxiety, depression)
- Research and deliver evidence-based therapeutic interventions (e.g., CBT) and conduct assessments to inform case conceptualization and treatment planning
- Additional duties include consulting with parents and teachers, report writing, treatment planning, case conceptualization, as well as engaging in individual and peer group supervision

### **School Psychologist Trainee**

August 2022-May 2023

Belmont Elementary School  
Lincoln Public Schools

*Supervisors:* Diana Peña, Ed.S., NCSP, Matthew Gormley, Ph.D.

- Consulted and provided behavioral and academic supports to students, teachers, and parents at a Title I, diverse suburban elementary school
- Administered, scored and interpreted multiple assessments- intellectual, cognitive, achievement, and behavioral
- Led Multidisciplinary Team Meetings

- Assisted in providing individual behavior management strategies for students who are struggling in the classroom, hallways and recess
- Provided weekly counseling to a third-grade student for peer conflict issues
- Led various social skills group for appropriate classroom behavior for two second-grade students, third grade and fourth-grade students
- Wrote psychoeducational reports
- Participated in peer, individual and group supervision

**Behavioral Technician**

Sept. 2018-Sept. 2019

Autism Learning Partners

- Administer Applied Behavior Analysis (ABA) Therapy to a child diagnosed with Autism Spectrum Disorder in their home.
- Teach a range of skills to client including social skills, communication skills, self-help skills and play skills guided by the principles of Applied Behavior Analysis
- Case management
- Working within a family system

**RESEARCH EXPERIENCE**

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**UNL Bullying Research and Victim Empowerment (BRAVE) Lab July 2024-present  
Bullying, Empowerment, Learning Online Network Group (BELONG)  
Project Director**

*Supervisor:* Susan Swearer, Ph.D., LP

- Develop and implement an intervention for victims of bullying in middle school (e.g., 6<sup>th</sup> - 8<sup>th</sup> grade)
- Uphold communication and compliance with the institutional review board
- Facilitate recruitment efforts through local school district and agencies
- Lead several weekly virtual intervention groups of middle school students in the intervention
- Monitoring data collection and communication with participants to ensure weekly surveys are complete

**Center for Research on Children, Youth, Families and Schools May 2022-present  
INSIGHTS Nebraska**

**Graduate Research Assistant**

*Supervisor:* Gwen Nugent, Ph.D.

- Code behavioral observation videos of an ongoing multi-cohort project evaluating efficacy of a SEL intervention for students in kindergarten and 1<sup>st</sup> grade
- Lead a manuscript and hold monthly meetings to work on the manuscript
- Assist on other manuscript writing with the INSIGHTS team
- Help prepare proposals and posters for conferences

**UNL Counseling and School Psychology  
Graduate Research Assistant**

January 2022-May 2022

*Supervisor:* Heather Hruskoci, Ph.D., LP

- Assist with any necessary clinic duties needed such as front desk coverage to check-in clients who have scheduled sessions with student clinicians
- Keep materials room organized and dispense parking passes needed for clients

**Diversity, Equity and Inclusion Office  
Graduate Research Assistant**

September 2021-January 2022

*Supervisor:* Eric Buhs, Ph.D.

- Assist in efforts regarding diversity, equity and inclusion
- Hands-on role assisting with both Diversity, Equity and Inclusion chair, as well as the Anti-Racism consultant hired to assess and provide recommendations to the UNL Educational Psychology Department to embed DEI efforts into curriculum and the culture at UNL (i.e., scheduling efforts for Anti-Racism Consultant's various meetings to investigate the current status of UNL's Educational Psychology department's practices regarding DEI)
- Data collection of various requested statistics

**UNL Bullying Research and Victim Empowerment (BRAVE) Lab  
Graduate Research Assistant**

Aug. 2021-present

*Supervisor:* Susan Swearer, Ph.D., LP

- Meet weekly to discuss current relevant literature on bullying and peer victimization
- Trained to assess students who have been referred for school bullying behaviors and involvement
- Trained to implement a 1-on-1 intervention with students

**Data Manager**

December 2020-April 2021

**Florida International University, Center for Children and Families WNY**

*Supervisor:* Brittany Merrill, Ph.D.

- Scheduling REDCap surveys to parents during their child's remote learning in a single-case study design
- Regular communication with supervisor if there were any technological issues, missed surveys, etc.
- Monitoring data collection
- Communication with parents in study

**Research Assistant**

Sept. 2019-August 2021

**Florida International University, Center for Children and Families WNY**

*Supervisor:* Gregory Fabiano, Ph.D.

- Completed observations of rule violations in a classroom setting for school-aged children diagnosed with Attention Deficit-Hyperactivity Disorder (ADHD)

- Recruitment, phone screening and assisting with intake appointments
- Administering and scoring the Wechsler Abbreviated Scale of Intelligence-Second Edition (WASI-II) and Wechsler Individual Achievement Test – Third Edition (WIAT-III)
- Creation and management of content for the lab’s social media pages on Facebook and Instagram
- Collect data during an online version of COPE parent training program led by Post-doctoral Fellows
- Managing cases in a brief study assessing daily behavior in young adults both with and without ADHD using
- Necessary duties with this project included a meticulous hands-on role constantly monitoring data, data entry and management, scheduling an orientation meeting, followed by weekly check-ins and conducting exit interviews with participants

**Undergraduate Research Assistant** August 2016-May 2017

**University at Buffalo Interpersonal Processes Lab**

*Supervisor:* Sandra Murray, Ph.D.

- Run undergraduate participants through a computerized questionnaire assessing close relationships
- Entering data into SPSS

**Undergraduate Research Assistant** August 2015-May 2017

**University at Buffalo Social Development Lab**

*Supervisor:* Jamie Ostrov, Ph.D.

- Trained observer in multi-cohort longitudinal data collection of aggression and prosocial behavior in a preschool setting (PEERS Project)
- Completed research assistant informant scales
- Coded and entered data in SPSS
- Assisted Graduate Research Assistants with child interviews

## **SUPERVISION EXPERIENCE**

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**School-Based Practicum Student Supervisor** August 2024-present

**University of Nebraska-Lincoln**

*Supervisor:* Matthew Gormley, PhD, LP

- Supervise second-year school psychology graduate students in their school-based practicum experience at a local elementary and middle schools
- Responsibilities include lead weekly supervision, facilitate case conceptualization, problem-solving, behavior management principles, and assessment related skills as they relate to student's caseloads

## POSTER PRESENTATIONS

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Kugler, K. S., **Rejman, E.R.**, Adams, N., Joo, Y., Sealy, M., Hinrichs, A., Eum, J., & Barrett, J. (2024, February 14-17). *Teachers' perceptions of a social-emotional intervention* [Poster Presentation]. 2024 National Association of School Psychology Conference, New Orleans, LA.

**Rejman, E.R.**, Nord, J., Kugler, K. S., Adams, N., Joo, Y., Hinrichs, A., & Eum, J. (2024, February 14-17). *Child Self-Regulatory Behavior Before and After COVID-19 School Closures*. [Poster Presentation]. 2024 National Association of School Psychology Conference, New Orleans, LA.

Adams, N., Rudasill, K., Eum, J., Liu, X., Kugler, K., **Rejman, E.**, Wilson, E., Joo, Y., and Barrett, J. *Observational measures of temperament in early childhood classrooms* [Poster Presentation]. SRCD 2023 Biennial Meeting; March 23-25, 2023; Salt Lake City, UT.

Eum, J., Reichenberg, R., Rudasill, K., Barrett, J., Wilson, E., Joo, Y., Sealy, M., Nugent, G., Kugler, K., **Rejman, E.**, and Adams, N. *The Effects of INSIGHTS on Developmental Trajectories of Children's Self Regulations Skills* [Poster Presentation]. SRCD 2023 Biennial Meeting; March 23-25, 2023; Salt Lake City, UT.

Carney, C., Swearer, S.M., and **Rejman, E.** *All Empathy is not Created Equal: The Negative Effects of Personal Distress for Youth Involved in Bullying*. [Poster Presentation]. NASP 2023 Annual Convention; February 7-10, 2023; Denver, CO.

**Rejman, E.**, Monopoli, W.J., and Evans, S.W. *Risk and Protective Factors for Bullying Behavior in Adolescence* [Poster Presentation]. ABCT 55th Annual Convention; November 18-21, 2021; New Orleans, LA.

## PUBLICATIONS

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Swearer, S.M., Kesselring, S. & **Rejman, E.** (2024). Suicide Prevention and Intervention Practices. In Axelrod, M.I. & Hupp, S. (Eds.) *Investigating School Psychology: Pseudoscience, Fringe Science and Controversies* (1<sup>st</sup> ed.). Routledge.

Merrill, B. M., Monopoli, W. J., **Rejman, E.**, & Fabiano, G. A. (2023). Supporting parents of children with ADHD during COVID-19 school closures: a multiple-baseline trial of behavioral parent training for home learning. *School Mental Health*. <https://doi.org/10.1007/s12310-023-09569-y>

Fabiano, G. A., Tower, D., Valente, M., **Rejman, E.**, & Rodriguez, Z. (2021). An Observational Study of the Morning and Evening Behavior of Individuals with

and Without Attention-Deficit/Hyperactivity Disorder. *Journal of Attention Disorders*. <https://doi.org/10.1177/10870547211063644>

#### PROFESSIONAL AFFILIATIONS

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<b>National Association for School Psychology</b>	2022-present
<b>Student Affiliates of School Psychology</b>	2021-present
<b>American Psychological Association, Division 53</b>	2021-present
<b>Association for Behavioral and Cognitive Therapies</b>	2021-present
<b>Bullying Research Network Graduate Affiliate</b>	2021-present

#### PROFESSIONAL TRAININGS

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<b>Lincoln Catholic Social Services Safe Environment Training</b>	2024
<b>HIPAA Compliance Training</b>	2024
<b>Abuse &amp; Neglect Reporting Training, Child Advocacy Center</b>	2021

#### LANGUAGES

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**English:** Native Language

**Spanish:** Intermediate Listener, Novice Speaker, Intermediate Reading and Writing

#### LEADERSHIP

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**Vice President** May 2023-May 2024  
**Student Affiliates of School Psychology (SASP)**  
**University of Nebraska-Lincoln**

- Helps organize all SASP meetings and oversees the leadership team and all activities
- Updates the alumni database every year, including internship placement information for EdS and PhD students
- Serves as mentoring program coordinator
- Plans annual program retreat
- Helps with organizing interview day and School Psychology Awareness Week
- Complete all required trainings and paperwork set forth by Student Involvement and ASUN to maintain compliance

**School Psychology Program Mentor** August 2022-present  
**University of Nebraska-Lincoln**

- Provide support and resources to first-year students in the University of Nebraska-Lincoln School Psychology program

## **ASSESSMENTS AND INTERVENTIONS**

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Acadience Math Assessments  
Behavior Assessment System for Children, Third Edition (BASC-3)  
Childhood Autism rating Scale, Second Edition (CARS-2)  
Children's Depression Inventory (CDI)  
Conners 3 ADHD Index  
Draw a Bullying Situation (DABS)  
Functional Behavior Assessment (FBA)  
Harter Self-Perception Profile for Children (SPPC)  
How I Think Questionnaire (HIT)  
Interpersonal Reactivity Index (IRI)  
Inventory of Callous-Unemotional Traits (ICU)  
Kaufman Test of Educational Assessment, Third Edition (KTEA-3)  
Kindness and Bravery Scale (KBS)  
Multidimensional Anxiety Scale for Children, Second Edition (MASC-2)  
Outcome Rating Scale (ORS)  
Session Rating Scale (SRS)  
Swearer Bully Survey System  
Target Bullying Intervention Program (T-BIP)  
Thoughts About School (TAS)  
Treatment Evaluation Inventory (TEI)  
Weschler Intelligence Scale for Children –Fifth Edition (WISC-V)  
Woodcock Johnson IV Tests of Achievement (WJ IV ACH)  
Woodcock Johnson IV Tests of Cognitive Abilities (WJ-IV COG)

## **ACKNOWLEDGMENTS**

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Acknowledged for diligent efforts in process of editing manuscript

- Blakely-McClure, S. J., & Ostrov, J. M. (2018). Examining co-occurring and pure relational and physical victimization in early childhood. *Journal of Experimental Child Psychology*, 166, 1–16. <https://doi.org/10.1016/j.jecp.2017.07.011>

\*References available upon request